

RAINBOW MESSENGER MARCH, 2009

DAILY ACTIVITIES:



- **WALKING:** - In climate-controlled banquet room, twenty-five (25) laps equals a mile



- **OUTSIDE WALKING TRAIL:** - Each lap equals 1/3 Mile.



- **FITNESS ROOM:** - Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



- **CARDS:** - Card tables available for your use on a daily basis.



- **BILLIARDS/POOL:** Pool tables available Monday – Friday from 8:00 a.m. to 3:45 p.m. except Wednesdays from 1:00 p.m. to 3:45 p.m.



- **COMPUTER LAB:** - The computer lab is available for your personal use daily. **FREE** computer assistance is available every Wednesday morning from 9:00 to 10:30 a.m. Ryan and Jack are here to assist you and answer your questions regarding computer questions. Come in and let them help you out!!

Remember: The room is scheduled for Taxes on Tuesdays and Fridays.

REGULAR SCHEDULED ACTIVITIES

- **EXERCISE CLASS** meets Monday and Thursday mornings at 9:00 a.m. We will meet in the Banquet Room. Our exercises are designed to help keep your joints limber.
- **TLC CLASS (Tender Loving Craft Class):** Come and join the new TLC Class (Tender Loving Crafts). Everyone age 55 and older is welcome to come and take part. The classes are fun and educational and a super way to meet new people. We will meet in the Craft Room on **Tuesday's 9:00 a.m. to 12:00 p.m.** The studio fee is \$3.00 per session. Project supplies will be at cost.

March 3rd – Wine Cork Art

March 10th – No Class

March 17th – Let's Go Green

March 24th – Indian Maiden & Dog

March 31st – Pots of Grass



- **SINGING SENIORS:** The Singing Seniors meet on Friday mornings at **9:30 a.m.** at the Habig Center. **On Friday, March 20th we will be singing at The Providence Home at 9:30 a.m.** Come join them some time. Please note the time change!!

B	I	N	G	O
7	25	44	57	62
15	22	40	50	70
11	30	FREE SPOT	46	74
2	28	37	55	68
10	27	39	59	75

- **BINGO** will be held on **Tuesdays, March 10th, 24th and 31st** beginning at **12:00 noon.** We ask you to keep bills to \$5 and under or correct change. Thanks for your cooperation. Cost \$1.00 per card to play all 50 games. Beginning at 11:30 a.m. someone will be there to collect. **We're asking everyone to donate a quarter that wants to play in the coverall for the prize.**



- **QUILTING BEES** will be held on **Mondays, March 9th and 23rd from 9:00 a.m. to 3:00 p.m.** All quilters are welcome to attend and lunch will be provided. We appreciate all the quilting that you do for us!!

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• CARD TOURNAYS:

- **Thursday, March 5th** - Rum Tourney
- **Thursday, March 19th** Cinch Tourney



Games start at 12:00 (noon) and last till at least 3:00 p.m. \$1.00 entry fee is requested and prizes will be given away. Please sign up by 10:00 a.m. the morning of the tourney. We will play a minimum of six (6) games per tourney. If time allows, we'll play an extra game. Hope you'll join us.

• CARRY-IN MEAL & ENTERTAINMENT:

This month we'll have a carry-in meal on **Monday, March 23rd**. We'll have fried chicken from Buehler's Deli, drinks and table service. We are asking you to bring a covered dish. **Reservations are due by 3:00 p.m. Wednesday, March 18th**. We'll eat at 11:30 a.m. on **Monday, March 23rd**. Cost is \$3.50 plus your covered dish. Money will be collected at the meal.

ENTERTAINMENT will follow lunch at 1:00 p.m. by Roger Craig and Friends. They play "Classic Country" and some gospel music. For those wishing to come to the entertainment only, cost is \$2.00.

- **GUEST SPEAKER:** Mike Oeding, Manager of Jasper Gas & Water Department, will be talking about "Water". **He will speak at 1:00 p.m. on Tuesday, March 17th** in the Banquet Room.

- **CROCHET CLUB** will meet at **1:00 p.m. on Monday, March 16th**. Any Senior Citizen who crochet is welcome to join the club. We'll be sharing patterns. Bring your crochet hook, thread/yarn and pattern to crochet while at the meeting. New ladies are always welcome. We decided to move the meeting date back one (1) week until the 3rd Monday of the month at 1:00 p.m.

*****SPECIAL ACTIVITIES:*****

- **LUNCH BUNCH:** This month we'll try lunch at **Hammerheads on Thursday, March 12th at 11:00 a.m.** **Reservations are due to the Center by 3:00 p.m. on Thursday, March 5th**. As always lunch will be dutch treat. Come out, try the food and visit with friends at lunch.

- **TEXAS HOLDEM:** Join us for an afternoon of fun playing Texas Holdem on **Wednesday, March 18th starting at 1:00 p.m.** This time there is no charge and we won't have any prizes. Come in and play for fun. This might be a good time to learn the game.

- **TCE/VITA TAX ASSISTANCE:** The local Center's: Older Americans, Huntingburg, and Ferdinand will offer income tax assistance for Senior Citizens. Volunteers will be available to file your income taxes by appointment. The following tells each Center's phone number so please call for an appointment first.

OLDER AMERICANS will have volunteers available on **Tuesdays and Fridays**. Call **482-4455** for an appointment.

HUNTINGBURG SENIOR CENTER will offer assistance to file income taxes on Tuesdays. To make an appointment please call: **683-2994**.

FERDINAND SENIOR CENTER will offer assistance to file income taxes. To make an appointment please call: **367-2300**. **BE SURE TO BRING:** Copy of last year's tax returns (2007), all forms – W-2's and 1099's, information for other income, information for all deductions and/or credits. (Basically any form of income). **PLEASE WAIT UNTIL YOU HAVE ALL OF YOUR PAPERS BEFORE MAKING AN APPOINTMENT.**

- **SIGN-UPS FOR 2009 RAINBOW MESSENGER:** It's time to sign-up for your 2009 Rainbow Messenger to be mailed to you for just \$7.00 for the year—January thru December. Make checks payable to: Older Americans, 1301 St. Charles Street. and be sure we have your address. You can still pick up the Newsletters for free at our Center, Huntingburg or Ferdinand Senior Citizen Centers.

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- **SUNDAYS:** The Center will be open Sundays from 1:00 to 4:00 p.m. for your enjoyment. Thanks for offering to open the Center.

- **THE HABIG ROOM:** The Habig Room will be open Thursdays from 1:30 to 3:30 p.m. for touring.



- **FUTURE TRIP:** Trip to Casino Aztar at Evansville, IN on **Wednesday, April 22nd**, bus leaves Armory at 9:30 a.m. We'll pick up at Huntingburg upon request. They will give you a \$5.00 cash coupon for the boat, free lunch buffet and discounted transportation for **\$6.00.**

Sign-ups start at 1:00 p.m. on Thursday, March 26th in the Banquet Room. Each person can sign-up to 4 Dubois County Senior Citizens. We need at least one (1) phone number for the group. Please bring correct change. On the charter bus to Evansville, we need you to fill out the manifest with your: name and Aztar card number or name, address and phone number...Aztar request that you use your Aztar card while you are there, if you don't have one you'll be able to get one there. We must turn in the manifest and stay 5 hours to get this package from Casino Aztar. Thinking positive, don't forget your photo I.D. (drivers' license i.e.) in case you are a big winner. Someone will be in the Banquet Room after 11:30 a.m. to give out tickets for the sign-ups.



RECIPE EXCHANGE: We have a basket on the receptionist's desk to put your favorite recipe in. We'll pick out one (1) a month to put in the Newsletter with your name on it. We'd appreciate your help to keep recipe's in the column. Thank you!!

WILLIAMSBURG SOUP

- 9 – Cups Water
- 6 – 9 Chicken Bouillon Cubes
- 1 – Cup Chopped Onions
- 1 – Cup Chopped Celery
- 3 – Cups Chopped Potatoes
- Salt & Pepper to taste
- 1 – 16 Oz. Pkg. Frozen Broccoli Cooked & Chopped Fine
- 1 – 16 Oz. Pkg. Frozen Cauliflower Cooked & Chopped Fine
- 2 – Cans Cream of Mushroom Soup
- 1 – Lb. Velveeta Cheese (Cubed)

Boil water, bouillon cubes, onion, celery and potatoes. Reduce heat and simmer 30 minutes. Add broccoli, cauliflower, soup, salt & pepper and cheese. Stir until cheese is melted and mixed thoroughly. Makes one (1) gallon.

Submitted by Kathy Haas

HAPPY MARCH BIRTHDAY'S!!

- 2nd Linus Stenftenagel
- 3rd Florentine Mathias
- 3rd Millie Krapf
- 5th Theresia L. Zoglman—St. Charles Health Campus
- 5th Denny Moeller
- 6th Ardella Johanneman –300 Fuquay Rd., Chandler, In 47610
- 8th Faye Lee
- 9th Eula Limp
- 9th Tom Hopf
- 12th Chester Hanebutt
- 13th Clara Messmer
- 17th Thelma Coffey
- 20th Naomi Kenworthy
- 23rd Doretha Schwoeppe
- 24th Angeline Schwoeppe
- 26th Doris Schnell